

# Team Posing Checklist



## Posing

- Ask a coach to put players in a single file line from tallest to shortest
- Count the players and make height adjustments if needed
- Count how many coaches, assistants, parents, mascots etc will be in the photo and decide where you want to place them.
- Mentally determine how many rows of players you need to create, and how many players will be in each row
- Create the back row using the tallest players arranged to create a pyramid effect
- Create the front row using the shorter players, also arranged to create a pyramid effect
- Have the front row pose, either sitting cross legged, down on both knees, or one knee down. Make the row shoulder to shoulder as straight as possible.
- Have the back row move in behind the front row as close as possible
- Move coaches and all non-players into position

## Final checks before taking the photo

- Is everyone on the front row posed the same
- Does everyone on the back row have their hands behind their back
- Is everyone's jersey / shirt , the same, same color, tucked in or not tucked in
- Is everyone wearing or not wearing a hat
- Does anyone have sunglasses on
- Is everyone sitting or standing up nice and tall not slouching
- Is there anyone walking into the background of the photo
- Can everyone be seen

1 coach  
5 players



For teams that have 6 or less players show up, create a single row.

1 coach  
5 players



If the team is shorter, have the coach take a knee to one side, this will allow you to zoom in more and fill your frame.

2 coaches  
5 players

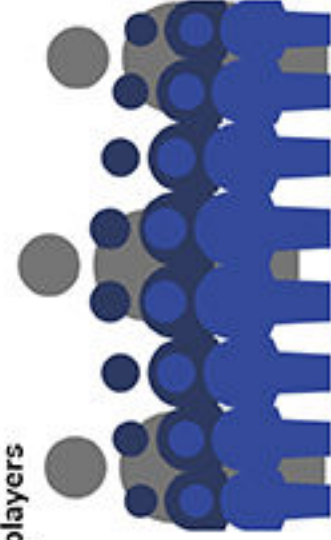


3 coaches  
17 players



When possible alternate between an even number of people and an odd number of people in the rows

3 coaches  
16 players



When it is not possible to alternate between even and odd for the player rows, if you have an odd number of coaches make your player rows using even numbers

4 coaches  
16 players



If you have an even number of coaches, make your player rows out of odd numbers

4 coaches  
25 players



For teams that require three rows of players, the front row sits cross legged, the second row is down on both knees and the back row is standing

4 coaches  
25 players



If the coaches can not stand behind the back row and be seen, rearrange your rows and work them into the ends of the back row

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